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GET  
INVOLVED

[www.sustainabledc.org](http://www.sustainabledc.org)

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# GET INVOLVED

Wondering how you can make the District more sustainable? From simple actions you can take at home to larger commitments affecting your entire community, here's a list of ways you can be a part of the Sustainable DC movement.

## | BE A WASTE WARRIOR

**Prevent food waste:** 40% of food in the US is wasted. Plan meals ahead, and freeze extra produce and leftovers before they go bad.



**Skip the rinse:** If you're using a dishwasher, stop rinsing your plates before you run the machine and save 6,000 gallons of water per year.

**Say good bye to phantom power:** Plug appliances into a power strip and turn them off completely when not in use to avoid phantom energy being drawn even when equipment is off.



**Don't dump it:** Donate old towels and blankets you can't use anymore to a local animal shelter. Shelters use them for bedding for dogs and cats.

## | BE A SUSTAINABILITY CHAMPION



**Sustainable DC Ambassadors:** Like talking to people? Join our team of enthusiastic volunteers by serving as an ambassador. Ambassadors spread the word on how sustainability can help all District residents.

**Sustainable DC Volunteers:** Want to get your hands dirty? Volunteers connect residents with hands-on environmental opportunities. It's simple – we connect you to events and you pick your level of commitment!

**Gain recognition:** Each year the District Sustainability Awards recognize businesses, individuals, and organizations that are working towards creating a more sustainable DC.



**Initiate your own neighborhood-scale project:** Consider developing your own sustainability project and reach out to us at Sustainable DC if you need help thinking through an idea or could use some technical assistance!



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Get involved at  
[www.sustainabledc.org](http://www.sustainabledc.org).